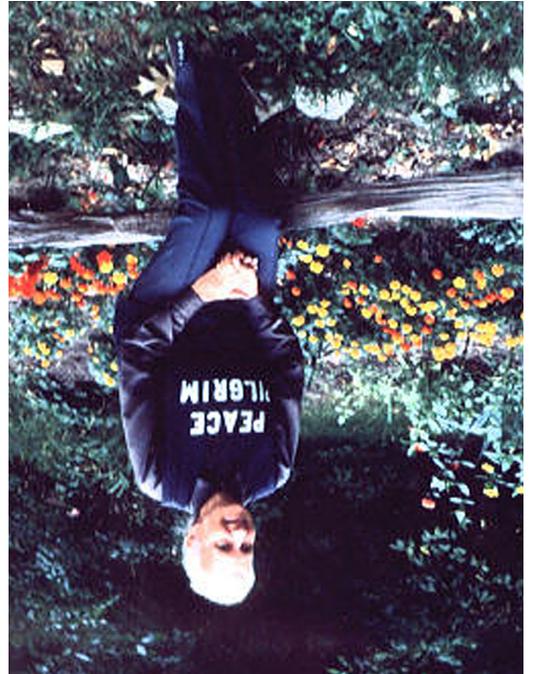


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This 224-page book was compiled by five of Peace's friends after her death in 1981. It tells her experiences as she walked more than 25,000 miles across America as a penniless pilgrim, walking until given shelter and fasting until given food. She spoke to thousands of individuals and groups, sharing with them her message that the way to peace is to overcome evil with good, falsehood with truth, and hatred with love.

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On her pilgrimage from 1953 to 1981

A pilgrimage is a gentle journey of prayer and example. My walking is first of all a prayer for peace. If you give your life as a prayer you intensify the prayer beyond all measure.

PEACE PILGRIM walked more than 25,000 miles spreading her message—"This is the way of peace: Overcome evil with good, falsehood with truth, and hatred with love." Carrying in her tunic pockets her only possessions, she vowed, "I shall remain a wanderer until mankind has learned the way of peace, walking until given shelter and fasting until given food." She talked with people on dusty roads and city streets, to church, college, civic groups, on TV and radio, discussing peace within and without.

Her pilgrimage covered the entire peace picture: peace among nations, groups, individuals, and the very important inner peace—because that is where peace begins.

She believed that world peace would come when enough people attain inner peace. Her life and work showed that one person with inner peace can make a significant contribution to world peace.

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*Harmonious Principles
for Human Living*

by **PEACE PILGRIM**

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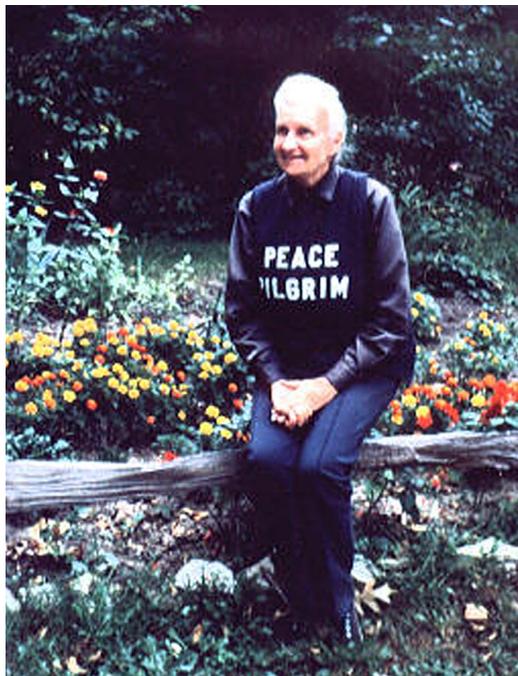
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website: <http://www.peacepilgrim.org>

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*Harmonious Principles
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