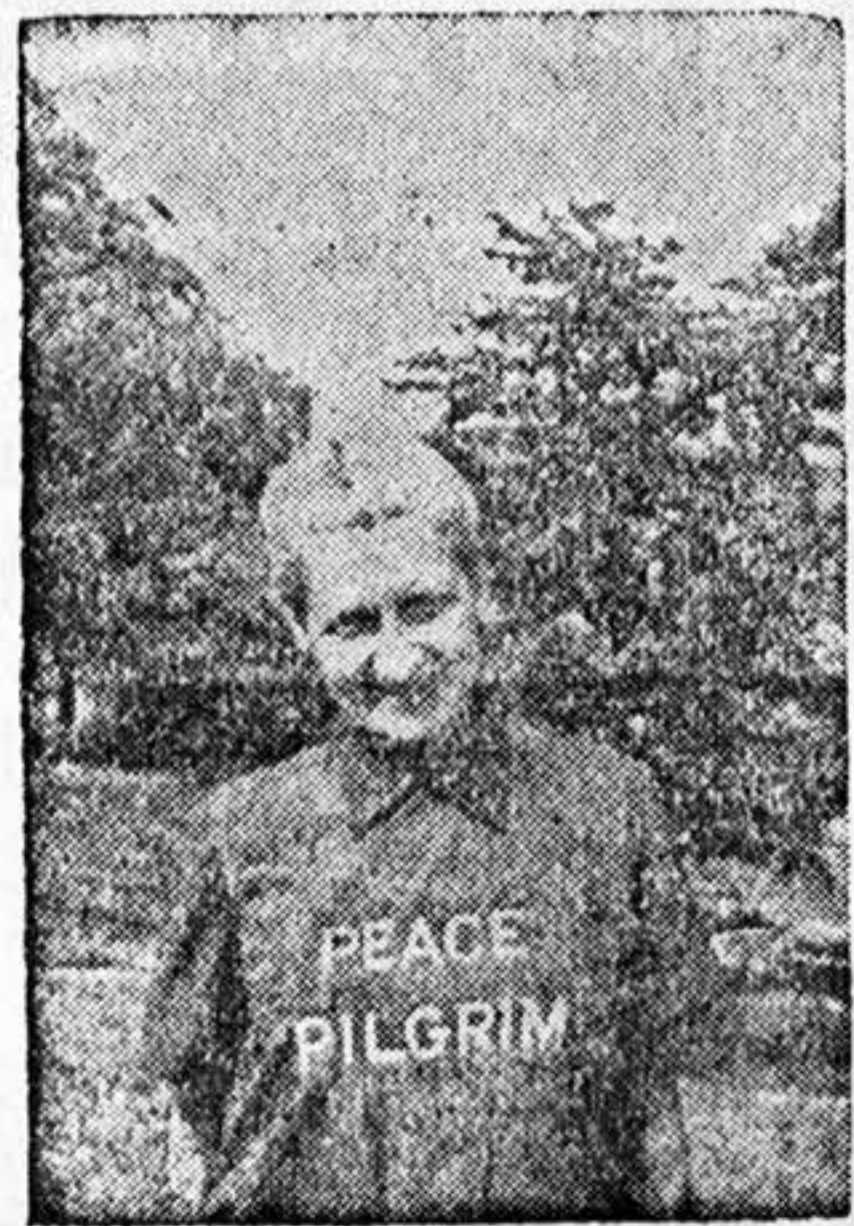


Woman Treks 5000 Miles To Dramatize Plea for Peace

"There is a magic formula for resolving conflicts. It is this: Have as your objective the resolving of the conflict, not the gaining of advantage.

"There is a magic formula for avoiding conflicts. It is this: Be concerned that you do not offend, not that you are not offended."

Pictured above is a woman who calls herself the Peace Pilgrim, who visited Elkton Saturday as a part of a 5,000-mile trek on foot from Los Angeles to New York City. The Pilgrim, who declined to give her name, called at The Cecil



"Peace Pilgrim"

Democrat office late ~~Friday~~ ^{Saturday} afternoon, where she talked with Mary Kay Cooke, staff member of the newspaper.

Few Possessions

The visitor said she started last January 1 on her peace pilgrimage. She averages about 29 miles each day, she said, carrying only the clothes on her back, peace petitions, and copies of her message on the way to peace, a quotation from which is printed above. For food and shelter she depends on the hospitality of those she meets along the way.

Like Thoreau, she says: "Unnecessary possessions are unnecessary burdens—and this is true not only for one who walks but for everyone."

Her pilgrimage, she said, "is an opportunity to talk with my fellow human beings about the way to peace. It is a penance for whatever I may have contributed, by commission or omission, to the tragic situation in the world today..."

The Golden Rule

Her message urges that all live by the Golden Rule, which she calls a law as rigid as the law of gravity. Chaos results when this law is disregarded, the Pilgrim said.

Other than this, her only specific proposal is for the establishment of a federal Peace Department, with a secretary who accepts the principles of love and non-violence.

The Peace Pilgrim told Mrs. Cooke she had not gone as far Saturday as on most days, because so many motorists and others stopped her to talk along the way. She left Mrs. Cooke as the street and store lights began to go on. Her next destination: Wilmington.

Her forwarding address is Cologne, N. J.